Marton
Care Homes

RIVERSIDE VIEW

Darlington

Tel: 01262 213138 **Email:** info@martoncarehomes.co.uk **Web:** www.martoncarehomes.co.uk

A Warm Welcome from the Marton Care Homes Team

At Marton Care Homes, we realise that starting to think about moving into a residential home can be a difficult and emotional decision. We are committed to supporting you to make this change and we are ready to give you the warmest welcome within the Marton care home of your choice.

We will take time to get to know you as an individual, understand your needs and preferences, whilst also promoting your personal happiness and wellbeing. We will do all we can to make your move comfortable so that you start to feel at home quickly. We will also get to know your family so that we can support them too.

We will always take time to listen to you and encourage you to participate in decisions regarding the care requirements. We value your voice and will support you to make a comment or complaint, so we can resolve any concerns and continue to support your physical and emotional health needs. We will help you create a comfortable and personalised bedroom where you can relax, rest and sleep whilst having the option to use our comfortable lounges, within the home, to socialise with other residents and enjoy time with family and friends.

Our priority is to make you feel at home.

The Marton Care Homes Team

Riverside View

Hutton Avenue, Darlington, County Durham, DL1 2AQ

Tel: **01325 488584**

riverside@martoncarehomes.co.uk

Our home offers a wide range of tailored services, including palliative care, convalescent care, and respite care, to ensure that all residents receive the care that meets their unique needs.

Each of our **en-suite bedrooms** is furnished to a high standard offering residents comfort and tranquillity.

Providing **independence and choice** is an important part of care, and one of the reasons we try and encourage residents to personalise their rooms with their own belongings to help them **feel at home**.

We believe that life at Riverside View should include **great care** in a warm, safe and friendly environment.

"At Riverside View we want our residents to lead as full and active life as possible"

Home Manager

"A wonderful place. I have been well looked after. The food is beautiful and very well presented. I would recommend to anyone."

Resident

Marton Care Homes

All **Marton Care** residents are supported to live an active and fulfilled life.

Our **person-centred care** ethos puts resident's health and wellbeing central to everything providing a truly personalised care package.

The facilities at Riverside View allow residents to enjoy other everyday routines that **promote independence**, from utilising the luxurious **nail and hair salon**, relaxing enjoying the **gardens and terraces**, using the activities room or simply **catching up with friends** in the lounges.

Our home has a busy activities timetable, built around the key goals of mental stimulation, increased mobility and social engagement.

Activities include arts and crafts sessions, gardening, exercise classes, cinema nights, quizzes, musical performances, and pamper sessions.

Each activity is designed to enhance life skills and give a feeling of purpose and self-worth. There are a great variety of activities to try, with new activities added regularly.

'We believe Riverside View will be the perfect choice for you. Our dedicated care team work closely with all our residents, to encourage them to take part in activities that are tailored to their needs based on their lifestyle preferences …'

Our in-house chefs prepare nutritious food from fresh, using seasonal produce that's locally sourced where possible, catering for all dietary needs.

They provide a mix of delicious options including traditional classic meals, resident's favourites and exciting international cuisine.

Dementia Friends
An Alzheimer's Society initiative

Riverside View Care Home is proud to be part of the Dementia Friends campaign and other charities to support research on what practices best support people living with dementia.

Key information:

Riverside View Care Home

HOME DETAILS

Home address:	Riverside View Care Home Hutton Avenue Darlington County Durham DL1 2AQ
Contact information:	01325 488584 riverside@martoncarehomes.co.uk www.martoncarehomes.co.uk
Registered manager:	Michelle Szczesniak
Size of home:	59 beds over two floors

TYPES OF CARE

Residential care	**Dementia care**	**Respite care**	**Day-care**

FACILITIES AND SERVICES

- 59 single rooms - all with en-suite facilities.
- Nurse call to all rooms and communal areas.
- All rooms beautifully furnished (own furniture welcome but must meet British safety standards). Residents are encouraged and supported to personalise their room.

Shared facilities:

- Hair salon and beauty room
- 3 dining rooms
- 4 lounges
- Assisted bathrooms on all floors

Services available:

- Delicious, nutritious menus with specialist diets catered for
- Residents and Relatives meetings
- Meaningful activity programme designed in consultation with our residents
- Links with various community worship groups
- Themed home events
- Regular trips out
- Guest speakers and external entertainers welcomed
- Beautiful local area with lots of outside space

Key information:

Riverside View Care Home

FUNDING ARRANGEMENTS

- **Self-funding** residents accepted
- **Local Authority** residents accepted

Fees: Self-funding fees

- **Weekly fees** - are subject to the funding category, the level of care and support required, and your choice of room.

- **Day care** - please speak to us about what you need. We can tailor a day care package to suit individual needs and fit in around your requirements.

All fees are subject to a full pre-admission assessment of an individual's care requirements in order to fully understand the level of care and support required for each person.

Please note: a third party contribution may be required to meet any shortfall in funding.

What your fees cover:

- Room fees and utilities
- Meals and all refreshments
- Your personalised care package
- Room cleaning and personal laundry
- Television licence
- Wi-Fi
- Activities programme

What your fees do not cover:

- Hairdressing and beauty treatments
- Personal toiletries
- Newspapers and magazines
- Personal clothing
- Dry cleaning
- Telephone lines and private calls
- Guest meals
- Chiropody services
- Optical services
- Continence wear not provided by the NHS
- Dentistry

Pets policy:

Pets are accepted in-line with our pet policy and in agreement with the Home Manager.

Sample Activities Planner

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MON	10am	Move your body seated exercises	2pm	Finish the proverbs	6pm	Trivia Night
TUE	10am	“This day” in history	2pm	Bake your favourite homemade cakes	6pm	Book club
WED	10am	Rhyming Riddles Quiz	2pm	Pub Bingo and Dominoes	6pm	Knitt n Natter
THU	10am	Guess the Word game	2pm	Grow your own herb garden	6pm	Cheese and wine tasting
FRI	10am	Morning pamper session	2pm	Craft class: Make your own dream tree	6pm	Movie night
SAT	10am	Movement to music	2pm	Games afternoon	6pm	School days reminiscence
SUN	10am	Singalong session	2pm	Movie afternoon	6pm	Jigsaw club

Sample Menu Choices

Allergies and intolerances
Please speak to staff about the ingredients in the meal when making your order.
Staff will ensure diet notifications are completed and submitted to the kitchen as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee
Lunch						
Roast Beef/Pork with Yorkshire's and Stuffing -- Roast and Mashed Potatoes -- Broccoli, Cauliflower and Carrots -- Gateaux	Steak Pie -- Gammon -- Selection of Vegetables -- New Potatoes or Chips and Salad -- Jam Roly Poly and Custard	Poached Cod -- Mince and Dumplings -- Mashed Potatoes -- Cauliflower and Peas -- Chocolate Sponge with White Sauce	Chicken in Leek and White Sauce Lasagne -- Mashed Potatoes or Chips and Salad -- Selection of Vegetables -- Rice Pudding	Chicken and Leek Pie -- Pork Steaks in Mushroom Sauce -- Vegetables and Mash -- Peach Crumble with Ice Cream / Cream	Battered Fish, Fish Pie or Egg and Chips Mushy Peas -- Jacket Potato with Ham and Salad -- Victoria Sponge Cakes	Cold Meat Salad with Beetroot and Coleslaw -- New Potatoes -- Sausage Casserole Carrots and Peas -- Rice Pudding
Dinner						
Soup of the Day -- Assorted Sandwiches -- Omelette/Poached Egg and Spaghetti on Toast -- Scones with Jam and Cream	Soup of the Day -- Selection of Sandwiches -- Corned Beef Hash/ Hashpot -- Victoria Sponge Cake	Soup of the Day -- Selection of Sandwiches -- Quiche and Potato Croquets with salad -- Jelly and Ice Cream	Soup of the Day -- Assorted Sandwiches -- Omelette/Poached Egg and Spaghetti on Toast -- Scones with Jam and Cream	Soup of the Day -- Selection of Sandwiches -- Chicken Bites, Wedges and Beans -- Arctic Roll	Soup of the Day -- Selection of Sandwiches -- Jacket Potato with Ham, Salad and Pickles -- Fruit Flan	Soup of the Day -- Selection of Sandwiches -- Omelette with Bacon, Tomato and Beans -- Cheese Cake

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Marton Care Homes Vision Statement and Values

Compassion is at the heart of our care

Our Vision:

At Marton Care, we aim to provide a comforting care home for those who may need residential, nursing or dementia care services. Our teams are dedicated, competent and professional, striving to provide an excellent experience for those within our care. Our homes promote diversity and inclusivity, respecting individuality and choice.

At Marton Care Homes we aim to be the go-to care provider for anyone needing a safe and comfortable home, placing people's needs at the heart of what we do.

Our Values:

Compassion - we will deliver our care with compassion and empathy.

Attentive - we will always actively listen to you.

Respect - we will respect and support your right to live as you choose.

Empathy - we will always try to understand and share in your feelings.

If you would like to know more about any of Marton Care Homes, we would love to welcome you for a visit and meet our team. Further information is available at the website below:

www.martoncarehomes.co.uk

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We are determined to provide quality person-centred care by employing caring, passionate people.

Our colleagues work closely with our residents, their loved ones and medical professionals to ensure individual tailored care is delivered, meeting their needs and preferences.

With a person-centred approach at the heart of everything we do, we aim to provide compassionate care and support whilst encouraging fun, fulfilling and vibrant lifestyles.

Our homes are designed to incorporate specialist facilities balancing modern and homely furnishings to make residents feel safe and comfortable in their new home.

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