



WESTVIEW LODGE

Hartlepool

A Warm Welcome from the Marton Care Homes Team

At Marton Care Homes, we realise that starting to think about moving into a residential home can be a difficult and emotional decision. We are committed to supporting you to make this change and we are ready to give you the warmest welcome within the Marton care home of your choice.

We will take time to get to know you as an individual, understand your needs and preferences, whilst also promoting your personal happiness and wellbeing. We will do all we can to make your move comfortable so that you start to feel at home quickly. We will also get to know your family so that we can support them too.

We will always take time to listen to you and encourage you to participate in decisions regarding the care requirements. We value your voice and will support you to make a comment or complaint, so we can resolve any concerns and continue to support your physical and emotional health needs. We will help you create a comfortable and personalised bedroom where you can relax, rest and sleep whilst having the option to use our comfortable lounges, within the home, to socialise with other residents and enjoy time with family and friends.

Our priority is to make you feel at home.

The Marton Care Homes Team



Westview Lodge

124a West View Road, Hartlepool, TS24 0BW

Tel: **01429 234929**

westview@martoncarehomes.co.uk

Westview Lodge care home in Hartlepool, County Durham is a purpose-built home situated close to the marina on the edge of the town centre, and just a short walk from the beautiful seafront.

Each of our **bedrooms** is furnished to a high standard offering residents comfort and tranquillity.

Providing **independence and choice** is an important part of care, and one of the reasons we try and encourage residents to personalise their rooms with their own belongings to help them **feel at home**.

We believe that life at Westview Lodge should include **great care** in a warm, safe and friendly environment.



"At Westview Lodge we want our residents to lead as full and active life as possible"

Home Manager

"A wonderful place. I have been well looked after. The food is beautiful and very well presented. I would recommend to anyone."

Resident

All **Marton Care** residents are supported to live an active and fulfilled life.

Our **person-centred care** ethos puts resident's health and wellbeing central to everything providing a truly personalised care package.

The facilities at Westview Lodge allow residents to enjoy other everyday routines that **promote independence**, from using the communal lounges, enjoying the **gardens** and views utilising the **beauty salon** or joining in the activities in the dedicated room.

Our home has a busy activities timetable, built around the key goals of mental stimulation, increased mobility and social engagement.

Activities include arts and crafts sessions, gardening, exercise classes, cinema nights, quizzes, musical performances, and pamper sessions.

Each activity is designed to enhance life skills and give a feeling of purpose and self-worth. There are a great variety of activities to try.



'We believe Westview Lodge Care Home will be the perfect choice for you. Our dedicated care team work closely with all our residents, to encourage them to take part in activities that are tailored to their needs based on their lifestyle preferences ...'



Our in-house chefs prepare nutritious food from fresh, using seasonal produce that's locally sourced where possible, catering for all dietary needs.

They provide a mix of delicious options including traditional classic meals, resident's favourites and exciting international cuisine.



Westview Lodge is proud to be part of the Dementia Friends campaign and other charities to support research on what practices best support people living with dementia.

Key information:

Westview Lodge Care Home



HOME DETAILS

Home address:

Westview Lodge Care Home
124a West View Road
Hartlepool
Cleveland
TS24 0BW

Contact information:

01429 234929
westview@martoncarehomes.co.uk
www.martoncarehomes.co.uk

Registered manager:

Christine Conway

Size of home:

73 beds over two floors

TYPES OF CARE

| | | | |
|-------------------------|----------------------|---------------------|-----------------|
| Residential care | Dementia care | Respite care | Day-care |
|-------------------------|----------------------|---------------------|-----------------|

FACILITIES AND SERVICES

- 73 single rooms - some with en-suite facilities.
- Nurse call to all rooms and communal areas.
- All rooms beautifully furnished (own furniture welcome but must meet British safety standards). Residents are encouraged and supported to personalise their room.

Shared facilities:

- Welcoming Coffee Shop
- Hair salon
- 4 dining rooms
- 4 lounges
- Various additional seating areas
- Assisted bathrooms on all floors
- Activities lounge
- External seating to beautiful garden

Services available:

- Delicious, nutritious menus with specialist diets catered for
- Meaningful activity programme designed in consultation with our residents
- Themed home events
- Guest speakers and external entertainers welcomed
- Beautiful local area with lots of outside space

Key information:

Westview Lodge Care Home



FUNDING ARRANGEMENTS

- **Self-funding** residents accepted
- **Local Authority** residents accepted

Fees: Self-funding fees

- **Weekly fees** - are subject to the funding category, the level of care and support required, and your choice of room.
- **Day care** - please speak to us about what you need. We can tailor a day care package to suit individual needs and fit in around your requirements.

All fees are subject to a full pre-admission assessment of an individual's care requirements in order to fully understand the level of care and support required for each person.

Please note: a third party contribution may be required to meet any shortfall in funding.

What your fees cover:

- Room fees and utilities
- Meals and all refreshments
- Your personalised care package
- Room cleaning and personal laundry
- Television licence
- Wi-Fi
- Activities programme

What your fees do not cover:

- Hairdressing and beauty treatments
- Personal toiletries
- Newspapers and magazines
- Personal clothing
- Dry cleaning
- Telephone lines and private calls
- Guest meals
- Chiropody services
- Optical services
- Contenance wear not provided by the NHS
- Dentistry

Pets policy:

Pets are accepted in-line with our pet policy and in agreement with the Home Manager.

Sample Activities Planner



| | | | |
|------------|--------------------------------------|---|------------------------------|
| MON | 10am Move your body seated exercises | 2pm Finish the proverbs | 6pm Trivia Night |
| TUE | 10am "This day" in history | 2pm Bake your favourite homemade cakes | 6pm Book club |
| WED | 10am Rhyming Riddles Quiz | 2pm Pub Bingo and Dominoes | 6pm Knitt n Natter |
| THU | 10am Guess the Word game | 2pm Grow your own herb garden | 6pm Cheese and wine tasting |
| FRI | 10am Morning pamper session | 2pm Craft class: Make your own dream tree | 6pm Movie night |
| SAT | 10am Movement to music | 2pm Games afternoon | 6pm School days reminiscence |
| SUN | 10am Singalong session | 2pm Movie afternoon | 6pm Jigsaw club |

Sample Menu Choices

Allergies and intolerances
Please speak to staff about the ingredients in the meal when making your order.
Staff will ensure diet notifications are completed and submitted to the kitchen as necessary.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee | Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee | Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee | Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee | Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee | Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee | Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee |
| Roast Beef/Pork with Yorkshire's and Stuffing -- Roast and Mashed Potatoes -- Broccoli, Cauliflower and Carrots -- Gateaux | Steak Pie -- Gammon -- Selection of Vegetables -- New Potatoes or Chips and Salad -- Jam Roly Poly and Custard | Poached Cod -- Mince and Dumplings -- Mashed Potatoes -- Cauliflower and Peas -- Chocolate Sponge with White Sauce | Chicken in Leek and White Sauce -- Lasagne -- Mashed Potatoes or Chips and Salad -- Selection of Vegetables -- Rice Pudding | Chicken and Leek Pie -- Pork Steaks in Mushroom Sauce -- Vegetables and Mash -- Peach Crumble with Ice Cream / Cream | Battered Fish, Fish Pie or Egg and Chips Mushy Peas -- Jacket Potato with Ham and Salad -- Victoria Sponge Cakes | Cold Meat Salad with Beetroot and Coleslaw -- New Potatoes -- Sausage Casserole Carrots and Peas -- Rice Pudding |
| Lunch | | | | | | |
| Dinner | | | | | | |
| Soup of the Day -- Assorted Sandwiches -- Omelette/Poached Egg and Spaghetti on Toast -- Scores with Jam and Cream | Soup of the Day -- Selection of Sandwiches -- Corned Beef Hash/ Hashpot -- Victoria Sponge Cake | Soup of the Day -- Selection of Sandwiches -- Quiche and Potato Croquets with salad -- Jelly and Ice Cream | Soup of the Day -- Assorted Sandwiches -- Omelette/Poached Egg and Spaghetti on Toast -- Scores with Jam and Cream | Soup of the Day -- Selection of Sandwiches -- Chicken Bites, Wedges and Beans -- Arctic Roll | Soup of the Day -- Selection of Sandwiches -- Jacket Potato with Ham, Salad and Pickles -- Fruit Flan | Soup of the Day -- Selection of Sandwiches -- Omelette with Bacon, Tomato and Beans -- Cheese Cake |



Marton Care Homes Vision Statement and Values

Compassion is at the heart of our care

Our Vision:

At Marton Care, we aim to provide a comforting care home for those who may need residential, nursing or dementia care services. Our teams are dedicated, competent and professional, striving to provide an excellent experience for those within our care. Our homes promote diversity and inclusivity, respecting individuality and choice.

At Marton Care Homes we aim to be the go-to care provider for anyone needing a safe and comfortable home, placing people's needs at the heart of what we do.

Our Values:

Compassion - we will deliver our care with compassion and empathy.

Attentive - we will always actively listen to you.

Respect - we will respect and support your right to live as you choose.

Empathy - we will always try to understand and share in your feelings.

If you would like to know more about any of Marton Care Homes, we would love to welcome you for a visit and meet our team. Further information is available at the website below:

www.martoncarehomes.co.uk



We are determined to provide quality person-centred care by employing caring, passionate people.

Our colleagues work closely with our residents, their loved ones and medical professionals to ensure individual tailored care is delivered, meeting their needs and preferences.

With a person-centred approach at the heart of everything we do, we aim to provide compassionate care and support whilst encouraging fun, fulfilling and vibrant lifestyles.

Our homes are designed to incorporate specialist facilities balancing modern and homely furnishings to make residents feel safe and comfortable in their new home.